

Parenting Support Programmes

Service	What they do	Contact details
Cygnets (a diagnosis is required to access)	A parenting support programme for parents and carers of children and young people aged 8-18 with autistic spectrum condition.	If you would like to add your details to the waiting list for training please contact EforE@thomas-hardye.net with the subject: Cygnets
Incredible Years Programme	The Incredible Years is a series of evidence-based programs for parents, children, and teachers, supported by over 30 years of research. The goal is to prevent and help young children's behaviour problems and promote their social, emotional, and academic competence. Programmes running include: The Incredible Years Pre-school group programme for parents of children aged 3-6 years (14 weeks), The Incredible Years School Age group programme for parents of children aged 6-12 years (12 weeks) and The Incredible Years group programme for parents of children aged 6 to 12 with a diagnosis of ADHD (18 weeks).	www.incredibleyears.com Speak to your local family support service for access to local programmes www.dorsetcouncil.gov.uk/children-families/get-help-for-your-family/parenting-support-courses.aspx Action for Children www.actionforchildren.org.uk/how-we-can-help/our-local-services/find-our-services-near-you/dorset-parent-training-and-education/ Tel: 01202 525643
NAS EarlyBird plus programme (a diagnosis is required to access)	The National Autistic Society (NAS) EarlyBird Plus Programme runs across Dorset, in the following venues: Westfield Arts College in Weymouth (co-ordinators for Dorset), Yewstock School in Sturminster Newton, and Beaucroft School in Wimborne. The NAS Early Bird Plus programme will help you to: <ul style="list-style-type: none"> • understand your child's autistic spectrum disorder. • help improve communication with your child. • help to develop practical strategies to pre-empt problem behaviours and/or manage those which do occur. 	www.nas.org.uk/nas/earlybird Contact Caroline Hubbuck or Kate Flute at Westfield for more details, an information pack or an informal chat Email: earlybird@westfield.dorset.sch.uk Phone: 01305 833518 Mob: 07444836954

Education Support

Service	What they do	Contact details
Blandford Opportunity Group (Pre-school)	We are a pre-school for children with special needs. We work with children from Blandford Forum and the surrounding areas.	www.blandfordopportunitygroup.co.uk Email: blandfordoppgrp@talktalk.net Phone: 01258 456187
Dorchester Opportunity Group (Pre-School)	A Pre-school facility for Children with Additional Needs.	www.dorchesteropportunitygroup.co.uk Email: dorchester-opportunity-group@btconnect.com Phone: 01305 751707
DEAL Dorset Education Advice Line	Dorset Education Advice Line is a phone line for parents, carers and professionals who support children who may have special educational needs and disabilities (SEND). This advice line is part of our Local Offer to children, young people and families and will work alongside existing services such as SENDIASS and the Education Psychology helpline.	www.dorsetcouncil.gov.uk/dorset-education-advice-line-deal Phone: 0800 14 040 41
SENDIASS Special Educational Needs and Disability Information, Advice and Support Service	We are a free, impartial and confidential service that provides information, advice and support to children and young people aged 0 to 25 with special educational needs and disability (SEND) and parents and carers of children and young people with SEND.	www.dorsetsendiass.co.uk Email: dorset.sendiass@family-action.org.uk Telephone: 01305 595477
The schools SENDCo (Special Educational Needs and Disabilities Coordinator)	The SENDCo is a teacher who coordinates the provision for children with special educational needs or disabilities in schools. They can talk to you about any worries you might have about your child in school.	Contact your child's school directly to speak to the SENDCo